



NKHS
Northeast Kingdom Human Services

We're
All About
**Being
Human!**



I just sorted and inventoried all of the donations I received yesterday. **WOW!!!!** Your team did an amazing job, and we are so grateful for the donations. Thank you again for the donations! I will get them to our departments next week. -K

Thank you again for the incredible donations this month! We'd like to highlight the Order in our newsletter and I wondered if you'd be willing to send me a quote from you on why the Order is supporting NKHS and/or how you all feel about your generous donation. Lastly, can you ballpark the value of the wish list items donated?

Thanks!
Kate Olney, Director of Development
Northeast Kingdom Human Services, Inc.

The WGM and WGP of Eastern Star choose an agency to sponsor each year- I knew I wanted to showcase an agency connected to mental health in Vermont- a coworker suggested NKHS because she worked for your agency in the past. I researched the mission and values statement of NKHS and these aligned with my goals to promote awareness and education of mental health in Vermont. The choice to raise awareness of mental health across all demographics and age groups stems from a personal history of depression and FND as well as having a family member with bipolar disease.

The option to collect wish list items for NKHS blossomed into a "stuff the bus" campaign- my colleague Mike brought a handmade school bus "prop" to our founders birthday celebration in August. Mike and I spread the word, challenging chapters in Vermont to collect wish list items- our members were pleased to donate tangible items for FrontPorch and Children's programs.

Kathleen Lamberton, WGM
Grand Chapter of Vermont, OES



**ORDER OF THE
EASTERN STAR
VERMONT**

We'll come to you.

For caring support in an emotional, mental health, or substance use crisis.

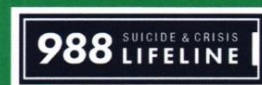
In Caledonia, Essex, and Orleans Counties, call: **1-800-649-0118**.



- Receive support
- Figure out next steps
- Feel better

Available 24/7

If you or someone you know is struggling with a mental health crisis, call or text **988**, or chat **988lifeline.org**.



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Newport 802-334-6744 | NKHS.org | St. Johnsbury 802-748-3181

Front Porch
Mental Health Urgent Care

The Front Porch isn't just a physical space; it's a sanctuary for those navigating the complexities of mental health care. Here, clients aren't just patients; they're valued members of a supportive community.

The Front Porch welcomes adults and families who are experiencing a mental health situation and seeking immediate care. Walk in, day or night, and be seen by a mental health professional.

What makes the Front Porch different?

- Person-Centered Care
- Diverse Treatment Options
- Empowering Individuals
- Private Spaces for Recovery
- Hospital Diversion
- Community-Centric Solutions

OPEN 24/7

802-624-4016

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